

# Ep #103: Astrological Charts with Robin Langford



## Full Episode Transcript

With Your Host

**Maisie Hill**

**Period Power** with Maisie Hill

## Ep #103: Astrological Charts with Robin Langford

If you are in the horrors with your menstrual cycle or you want to learn how to harness your hormones, then you are in the right place.

Welcome to the Period Power podcast. I'm your host Maisie Hill menstrual health expert, acupuncturist, certified life coach and author of Period Power. I'm on a mission to help you get your cycle working for you so that you can use it to get what you want out of life. Are you ready? Let's go.

Okay, hello everyone. We have a very special episode today because I'm recording my birthday episode right now. So, my birthday is the 8<sup>th</sup> of December, and this episode will come out the day before. And it's going to be a really fun one because I have the fabulous Robin Langford with me, she's back again. And we're going to be talking about my astrological chart. I'm not going to lie, I feel a little bit nervous. I don't know why because Robin and I talk about this all the time.

I think it's also because the heating has really come on in this building and I feel a bit hot, and I think that's adding to any existing excitement and a little bit of where are we going to go with this? Who knows. But Robin is a fate and freewill coach and she's my coach and I love her. And I'm so glad that she was up for this. But before we dive in, I have a couple of things to let you know about. Firstly, because it's my birthday and because I love you all I have decided to open the doors to The Flow Collective for one day only.

So, on Thursday December 8<sup>th</sup> you can join the membership and get started with all the coaching and awesomeness that is in there. And that means that you'll also join in time for all of the calls that we're doing. Well, we're calling them the handling the holidays coaching calls. And you can take part in our winter workshop which is just always a real blast and really transformational. So, I know this time of year can bring its challenges whether you are feeling a bit lonely and wanting connection with others.

Or maybe you really want to avoid the people in your life which I totally understand. Or you just want to focus on creating the life that you want. So, wherever you're at, we are here to help. And if you listen to the podcast and you're into it then the membership is going to be a really fun

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experience for you because there's so much goodness in there. And our community really is the best. So, for one day only to celebrate my birthday, I've never done this before, but you get to join so come and sign up.

Now, December 8<sup>th</sup> is also the final day that you can apply to do business coaching with me. So, if you are a coach, a health practitioner, or a yoga teacher, or doula, anything in that realm and you want me as your business coach then use the link in the show notes to apply for my next group. The current one has just finished and applications for the next round are open. We start January 23<sup>rd</sup> but when this episode comes out you've only got a day or so left to apply from when this episode airs.

So, if you're listening to it late then you've probably missed the chance with both of those things, but I hope that you catch it in time.

Okay, Okay, Robin, hello.

Robin: Hello.

Maisie: Great to have you back. Thank you so much for being up for this.

Robin: Thank you so much for having me back.

Maisie: So why don't we start with why am I so fabulous?

Robin: That's going to be a five-hour episode, but we can do that. Well, I was looking at the chart while you were talking of today because I told you I pulled up your chart. And then I put the current chart of the day over it. So, for everybody who's playing along at home, who can't see the chart, Maisie has a beautiful stellium in Sagittarius. And she has Mercury, the Sun, Neptune and the Moon all in Sagittarius. And today we did sort of pick out the day based on astrology.

Maisie: We were very specific.

Robin: Because that's a thing. But I wasn't paying as much attention to the exact minute because we didn't decide the time exactly until yesterday.

Maisie: Correct.

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Robin: And I just want you to look at where the Moon and Mercury are. So yes, when you were talking about how much you love the people and how you wanted to offer because of how much they meant you. I was like, yeah, you do. It's so true because there's Venus, Mercury and the Moon, well, Venus is at 10, and Mercury and the Moon are 11 degrees and that's conjunct to her Mercury and her Sun.

Maisie: What does that mean, just as a general point, what does that mean?

Robin: Well, Mercury conjunct the Moon I would say is very telling the truth about how you're feeling or talking about how you're feeling. And then because it's in Sagittarius, both of those are natally in Sagittarius for you and they're currently in Sagittarius. I would say it would be a very honest expression of how you're feeling. And I say it all the time that you live out your chart so perfectly that it is a delight and an inspiration to watch. It makes me fall in love with astrology over, and over, and over again.

Maisie: That's so fun.

Robin: You see, that wasn't painful, that was okay. So yeah, that was the first thing that I noticed as you were doing the intro. So, what makes you so wonderful? Right, okay, I'm refocusing. Well, so do I have to do a subjective and objective lesson or do all the listeners hear that all the time?

Maisie: Well, I think I know what you mean. I'm like, do I need to be told?

Robin: Okay. So delightful to me, so delightful is a subjective emotion, it's not a fact. So, it's not a circumstance. It's not something that everybody's going to agree on. And so, one of the things that makes you so incredibly delightful for me is that you have a stacked Scorpio and Libra house as well. And I'm very heavily skewed in my chart with Libra and Scorpio. And so, there's a lot of synastry which just means points that are connecting in a positive way between our charts.

And so that's one of the reasons that I find you absolutely delightful. And also, because I do have so much Scorpio, I am aware that that's probably

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very triggering for some people because you're very insightful. And Scorpio is the investigator, or I like to think of it as a very ninja placement, deadly but silent, like you go in for the kill and people aren't going to see it coming. But I did just say that I have a ton of Scorpio placements. So, I love it, I think it's delightful. But you have it in your partnership sector so if you're coaching somebody, you're not going to be a fluffy bunny coach I wouldn't imagine.

Maisie: It's so interesting because I don't know, my clients would be the best people to answer that question. I think my coaching straddles both in terms of I see exactly where I want to go with things. And that's really master coach training doing that, had a huge impact on that but I just also feel like something, and you would be the person to tell me, something really kicked up a gear this year in terms of my ability to see the real issue that's going on.

So, I can see that very quickly, but I also appreciate that a lot of the clients that I work with, it's not necessarily, I don't think it's in their interest for me to just zip to the thing. And sometimes I can be like, "Look, let me tell you where I'm going with this."

Robin: That tone right there, that's the Scorpio tone.

Maisie: But I also appreciate that there's a lot of depth to my coaching. And we can go to a lot of the tender parts. And so, I always want to show up as a coach in the way that I want to and kind of reveal the stuff. But that kind of for me, it requires the love and the tenderness to let those things emerge. So, I was recently telling, I won't tell the whole story and the members know why but there's a video inside the membership, I'll tell you after the call where I talk about this.

But I was talking about how I really see that how I coach is that I see all of the parts of my clients, all the bits that they're trying to hide and kind of the parts that they don't like or that they've been told is a problem. And I see those parts in them and I just love those parts so hard without ever saying that.

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Robin: The summer part of the Scorpio?

Maisie: Yes. So, me in connection with them, I'm just loving on those parts so much instead of all the criticism, and shame, and everything else that is usually there.

Robin: Which is the most beautiful version of Venus and Scorpio. And a lot of people see Venus and Scorpio and it's a debilitated planet because it's opposite its ruler of Taurus. And so most people are like, "Ugh, Venus and Scorpio." But the way that you just described it is the highest delineation of how Venus and Scorpio can show up. And it's the highest expression, it's the goal if you have a Venus and Scorpio. Venus was in Scorpio this past, whatever, month.

And the lower expression is very – have you ever heard Carrie Underwood's Before He Cheats?

Maisie: No. I don't know who Carrie Underwood is.

Robin: Okay. Well, for all of the Americans, just [crosstalk].

Maisie: It's not necessarily, I just have no popular culture references. There's occasionally things that I get. But Simone will often make a point and I'm like, "I don't know who you're talking about." And it's not even an American British thing it's just, well, you know I don't do chitchat.

Robin: Well, yes, and I have a similar conversation with everybody all the time about, please do not ask me about x, y, z random celebrity. But if it's music I think in music and I think in pictures pretty much all the time. So, there's always a soundtrack playing in my head. And I even have soundtracks for the different placements that I have on my Spotify for people to listen to so they can feel the energy.

And so, the song's about how she's going to take him back to his car and a knife to his leather seats and all of that. So that's like a Scorpio Venus vindictive thing. But the higher expression of that is loving all the deep messy dark parts and loving that. Yes, I see that, I see why you feel bad

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about it, and I love you anyway and because of that. And the other part that you were talking about that's very much your chart is one of the reasons that your chart is delightful and amazing, and all of those things, is that you have a lot of exalted planets.

And so, Saturn and Libra is in its happy place and Mars and Capricorn is in his happy place. And so, your Venus in Scorpio is also playing out within that context of Jupiter and Saturn being in your Libra along with Pluto, making you much more fair and open, and very intellectual about the way that you're working with that energy a little bit more.

Maisie: I would say that the feeling I have is, or the word is I can temper it.

Robin: Yes. That's actually a very Saturnian word, good job.

Maisie: Because sometimes I can feel that, but I know how to work with it so that it's not me stinging the Scorpion tail at people.

Robin: I understand, I do, and I bet there are times that it still stings people because it's so raw and so honest and it makes them feel that. And I think that's a great thing, that's my favourite part of coaching. That's the reason I became a coach, that's the reason I love to be coached, when somebody can do that for me. Is I want to see the things that are really hard for me to see because I'm in my own reality bubble. However, there are a lot of people out there who are not fans of that kind of thing. They're like, "No, no."

I'm going to use another pop culture reference of Matrix where there's the guy who's like, "No, I don't know what reality is, I want to eat steak." And I don't want to know and there's so many people like that. And so, for those people I would imagine you would be very confronting for them in their own heads, not because you're confrontational, because they would feel that way. It would be their perception of you. Now, I have to know, so all of you who have been coached by Maisie, email her, don't email me and tell me if I'm right.

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So that's one of my favourite things, I love the Venus and Scorpio placement.

Maisie: What else stands out when you look at my chart?

Robin: So, the Saturn and Libra, and Jupiter and Libra are very lovely and it's in your sixth house which is it's the people who work for you, your pets, the things you feel obligated to. That's actually the way that I think about the sixth house more than anything else because it covers the ancient expression and topics of that house.

And it covers the more modern ones because as society has evolved over the last 2,000 years, obviously some of the significations from 01 AD aren't quite as relevant. And so, I like the things that you feel obligated to. And you have a very strong obligation towards self-expression where your Sun is in the eighth house and like learning about yourself. And you have a strong obligation to your career, to showing up as the most authentic version of yourself.

Maisie: I wish they could have seen your face. Basically, Robin's eyes are wide, and her eyebrows are way up like, whoa, there's stuff happening there.

Robin: Well, yeah, because your ninth, tenth, eighth and eleventh which are all your public stuff, all your public houses are in your sixth house of obligation and in a really powerful position especially for Saturn which is the ruler of your mid heaven and your tenth house. Which for anybody who knows anything about astrology, most of the time – so first of all I should say, I use whole sign houses and I'm a traditional astrologer. Because if anybody's listening and they are listening as a modern astrologer who uses divisional houses they're going to be like, "That's not true", but it is.

Anyway, the ruler of both your tenth house which is your public persona and your mid heaven, which is the point, that's the mathematical point, it's the more specific representation of that. Your mid heaven is in the ninth house of teaching, and writing. Go figure. We could also say philosophy and life coaching. But you feel a really strong obligation to that, and I don't



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think that, actually I know that not everybody feels a really strong obligation to do the work that they're called to do in their chart.

And so, a lot of people can ignore it, or it can just be part of their life, their other parts of their life that are equally important. And I mean that's just never going to be true for you.

Maisie: Yeah, and it isn't. And it's just not possible. I remember I was in the business coaching group I was sharing recently about how there was this phase maybe a couple of years ago when I was thinking I should get a hobby because all I think about is my work. And then I was like, "Wait a minute, just because I want to do some work." For other people maybe going out to brunch at the weekend or doing social things, that's what they want to do. And I'm like, "I want to write for a couple of hours, or I want to work on something."

And for a while somehow, I'd got the idea that that was a problem, that I couldn't 'switch off'. But that's not true, I'm very good at switching off and resting. I just had to free myself up from this idea that work takes place in these hours. And it just so happens that my special interests in life and as an autistic person are myself and online business. And for what, 20 years it was the cycle and hormones and things. And now I've kind of moved on to other stuff. But I love it, I do feel very obligated to it.

Robin: Well, yeah, and even your hobbies. So, the fifth house is where I would look for what you like to do for fun. And that's Virgo is ruled by Mercury which is in the eighth house which is the body, the physical. I could definitely see that being the first half of your career. There's also very much self-development and personal development kind of things. You don't have a chart that's set up to crochet, you just don't. I mean maybe you do like to crochet. I'm not trying to judge but it would not be my assumption that that would be a thing for you.

Maisie: No, I think my mum was maybe a little bit disappointed. My mum learnt to knit when she was four.

Robin: [Crosstalk].

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Maisie: Yeah. And she could knit the most amazing Aran cardigans and just incredible and no, it's just no.

Robin: Yes. Our charts are completely different, and they still present in a lot of the same ways because I have a very stacked tenth house. And all of my everything is in what I want to work on and create. And the other two houses that are very highlighted in my chart are my first and my second which is creating income and personal development. So, it's in a different way but it still shows up in my chart. And the ruler of my fifth house is Saturn. Yes, I like to have fun but it's a very serious studious kind of responsible.

I don't do the things that other people consider fun. I'm also not a crocheter despite all of the times that my grandmother tried to teach me how to knit and crochet. I had knitting needles in my hands from the time I was able to hold things independently and it just never took. And that's one of the things that I love about astrology. And if I'd found you those couple of years ago, we could have just cut all of that turmoil up.

But that's one of the things I love about astrology, because I do work with a lot of entrepreneurs and they feel bad because they aren't – and I use air quotes that nobody else can see, 'maternal enough', or wifely enough to which I'm always like, "What? Why don't we define those words real quick." Because maybe we just need a different definition. But they feel bad about it when there's nothing in their chart at all that is indicating, please let me nurture a tiny human for the rest of my life. There's nothing.

That's just not where their consciousness, their planetary direction is. That doesn't mean you can't be a mother or be a really freaking great mother. It just means that you may never be a Stepford wife which again there's nothing wrong with Stepford wives either. Sometimes that's really very dominant in a person's chart is you're going to have a lot of kids. You're going to love being around them, God bless. That's fantastic. But I wouldn't expect you to be super psyched about baking Christmas cookies and things and teaching your child to decorate them.

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That's the example that's coming to mind right now. You're looking at me like I'm crazy though, so I don't know, maybe you do.

Maisie: I know, I'm just imagining the sticky situation, the actual textures of that that are the issue for me. So, Nelson and I, we can do that kind of thing and I do kind of enjoy it but only if my hands don't feel sticky in the process.

Robin: So, do you care if I tell them all your placements?

Maisie: Oh, no, go for it.

Robin: Okay. So, you have Chiron conjunct to your ascendant, and people a lot want to talk to me about all the asteroids and they don't might matter. No, really, they don't, unless something's tightly conjunct with one of your personal planets or your points, your mid heaven, your sun, your descendant year, I see something like that. Asteroids mostly are just kind of sprinkles on top of a cupcake. But you have Chiron conjunct to your ascendant.

And what that tells me because it's pretty tightly conjunct is that your personal self-development journey, the way that you've worked on coaching yourself, healing yourself. All of those things will directly translate in how you present to the world, what you want to not exactly be known for but kind of. And it's also opposite the ruler of your ascendant which sort of emphasises that to me. And so, I would look at that chart and think, I wonder if she's a natural healer, or working in medicine, or maybe a therapist, if I was just looking at that chart without knowing anything about you.

Maisie: Yeah. And it is and I think it kind of relates to what you were talking about earlier in terms of persona, teaching, sharing stories, that kind of thing because I find it very – some of my colleagues will come to me or even some of the people that I'm coaching. And say, "Maisie, you're so transparent with sharing what your experience is and using it to educate others." And I'm just like, "But it would be hard for me not to do that. It's so easy for me to do that."

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Robin: I don't know if I believe that entirely.

Maisie: Oh, go on.

Robin: Alright. So, when I look at your charts, I think it's true that once you've processed something and you're fully processed and you're past the processing part. Then you're like, "I'm going to tell you all the things cause I'm going to work it out in my head and really your opinion doesn't matter." Not in a bad way, it's just I'm resolved. But I think people think you're transparent and that they know everything about you. I think that's probably true. And I could see people saying that.

And I would say that they'd probably only know what's on the surface that you're willing to share. Not even surface, it's not like it's not deep stuff but it's the stuff that like I said, you've just already processed it.

Maisie: Yes. And this has been something that I have been working on in terms of how I use coaching because often it's once something is tick within me, that's resolved, that's processed then I just move on to the next thing. And so, there's a window where I'm like, oh, great. And I'll write something that I want to share but then I just kind of mentally I've moved on and that just stays in a nice Google document.

Robin: Interesting. Maybe there should be a system with a Google document shared with somebody and you could just say, "Go make stuff."

Maisie: It's almost like you've coached me on that.

Robin: I have ideas. Yes, I did the same thing and again, we do have very similar, they are completely different, they don't look anything alike. Have you ever seen my chart?

Maisie: Yes.

Robin: Yes. So, the hemispheres that our stuff is in is very different. And I also find that fascinating. And so, people think, if you look at an astrology code book it makes it seem like, well, if you have Venus and Scorpio then you are a sexual deviant who likes bondage. That's the kind of thing that

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it'll say. And it's like it depends on where that Venus and Scorpio is. And it depends on the configurations. And it depends on where Mars is. There's all of these other components that are really, really important that you don't get that nuance from any of the astrology books that are out there.

Or it'll say, if your tenth house is empty, if there's no planet in the tenth house people are often like, "Well, I don't have a purpose in life." I'm like, "No, that's not how that works." Or they think that you can only find personal development in the eighth house, but it depends on what planets are in say your first house. Or if your Sun was conjunct to say Pluto in the north node I'd be like, "No, but you like to know what's going on."

And so, there are all these different ways with the same information or similar expressions of how people show up in the world with completely different configurations and planets combinations that I find endlessly fascinating. This is one of my special interests. If you were like, "What do you do for fun?" "I read ancient astrology books, what do you do for fun?"

Maisie: But that's the fun in the studious way?

Robin: Yes. Okay, my next favourite thing about you is just like, on to the next thing. My next favourite thing about your chart is I love your Mars. Your Mars is in Capricorn and it's just such a nice grounded, I decide what I'm going to do and I'm going to do the thing. And you will say the weirdest things to me like, "I like my excuses." I'm like, "No, you don't." You literally are like, "I decided to do this and now it's finished." I'm like, "What? How did you do that." Oh, right, Mars, Capricorn, mid heaven, okay, it's fine. I love it though.

I have no Earth energy at all in my chart. I have no points. I have no planets. I have no nothing. I don't understand that kind of grounded practicality, it breaks my brain. And so, watching you do that is magical and fun. I love it.

Maisie: Because this is where I work my brain a lot is because there are things like that that I'm just like, "Well, I just decided and then I did it."

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That's how things happen but although that is simple and can be true for everyone, I recognise that it's going to be easy for everyone.

Robin: Also, not true for everyone.

Maisie: So, these are the places where I really stretch my brain to think about my clients. And I will kind of pick individual clients in the membership just every now and then think about, okay, so if they wanted to do this what would be the things that are getting in their way that I can teach them? And that's I think when my work has really changed especially in the last couple of years is that I started doing that rather than just assuming everyone in the world operates like me.

Robin: So interestingly, I mean that's something that's really hard for people who say they are teaching and again I'm using air quotes. And I am a harsh critic of people who claim to teach things and then don't do that. And what the put up is not even useful, or badly organised, or doesn't have a core theme and it looks like maybe they're just strong random sentences together. I don't know, it drives me absolutely crazy. And I do realise that I am an actual expert in curriculum instruction, so my standards are kind of high.

I recognise that in myself, and it doesn't mean that I'm wrong that that's what the standard should be.

Maisie: Agreed.

Robin: Anyway, one of the things about your placement is that you do have your mid-heaven head in the ninth house which is higher education. And by higher education I don't necessarily mean college, I mean anything that's an advanced concept that needs to be taught, so literally anything like that. And that very practical Mars and Capricorn is also very strategic.

And I think when you look at that and you're trying to figure out the different modalities of learning and trying to figure out where the missing pieces might be. That's a sign of true expertise and of a really great teacher which is something that I would expect with that placement.

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Maisie: Yeah. I mean you and I took part in something over the weekend where someone was talking about how there are people who just improve with how they teach in the coaching industry and things. And I was like, "I don't think that's me but I'm still keen to improve."

Robin: Yes. I'm always looking for ways. And when any of my students are like, "I didn't understand that." I'm like, "Tell me, what didn't you understand? What extra thing do I need to give you that you understand it?" I revised a bunch of material that I have out based on my feedback from people because I thought it was obvious what a thought was, and it wasn't. Or I thought it was obvious what I meant by tell me your downloaded emotion for the day.

It was just little things that I was just like, "Oh, I didn't explain that well because I was taking for granted something that I shouldn't haven't been."

Maisie: Yes. So, imagine my pain of having published books.

Robin: See, don't tell me that because you know I have five books that I need to write and I'm just going to stall out. No, I'm not thinking about that. Do they come back and say that to you in books?

Maisie: Definitely my work has evolved with me of course and so if I was to write *Period Power*, my first book now, it would be a completely different book. A lot of it would still be there but how I explain things would be different. There would be probably a whole chapter that would be culled in the process. And it's still a great book. It's still out there changing lives, revolutionary for people. But yeah, there's definitely, there's things that I was like, "I didn't consider someone reading this book who has this perspective."

And I mean you can't please everyone, that's the thing. Because when I first started writing it, I was thinking about, someone like this reading this or somebody who has this issue. And then you're saying nothing.

Robin: Okay, I just have to say that such all your Libra placements because Saturn and Libra are very much the judge and how can this be fair for

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everyone? And how can I make this equitable for everyone? And so that's just the best way for me to be fair.

Maisie: So, at some point I was just like, "I just have to pick one person and write it for them. So, I actually picked someone who lives in Margate, and I thought, she kind of personifies who I would write this book for. So, I'll just write it all for Gemma. Hello Gemma Pearson, you are the person I wrote *Period Power* for. We actually went to junior school together and now we have ended up in the same small town where we didn't grow up. But yes, and I think sometimes that sense of justice and what's fair can slow me down in unhelpful ways.

Robin: It's one of those things that you feel obligated to in a very strong way. And I could see that being a sticking point. Well, because nothing's ever going to actually be fair. It's an impossible standard to set for yourself. I mean it sounds really great and lovely and it's not. It's just impossible. I mean you literally can't make the whole world fair. You can't make it so that everybody can use something, especially something called *Period Power* because not everybody has a period. And there are going to be people who are like, "Well, but."

And it's good that you recognise that it can be a stumbling block and that you have mechanisms in place hopefully that also prompt you to say what's fair for me.

Maisie: Well, yeah, I feel that's really starting to shift this specific week.

Robin: Good.

Maisie: Yes, because it's been a kind of – and I think this is the really cool thing about understanding astrology, having a good understanding of yourself and knowing the places where you can use coaching to support yourself. And that's the kind of thing that I would get coached on quite regularly in different spheres. But I feel like something has really shifted this week that's helping me a lot with that.



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But I remember you mentioning at some point something about it being, I'm more concerned with other people's resources or giving people resources than receiving resources. Is that what you were talking about then?

Robin: I mean there are a lot of different things that would indicate that in your chart. But it would be harder for you to, not even self-advocate necessarily but I do think that it was probably easier for you to identify what other people needed and prioritise that. And it's probably taken a lot of coaching and eighth house work, that's how my brain works. All that stuff in the eighth house, you doing all of the introspective things that you've done throughout your life would I assume have made that something that you could then also learn to prioritise what you want and what you need but it would have been challenging.

Maisie: Yeah, coaching's made a massive difference to that in lots of ways and continues to because I can still recognise, yeah, where I am now versus where I was is an ocean apart. But I am still like, oh, no, there's still stuff there. We're still going with this.

Robin: Well, that's the human experience. And I love that every coach that I know is like, "No, I am always going to need coaching." I'm always going to need it. I need somebody who can look at my brain and be like, "No, no, that over there is a thought. We don't have to keep that one." Because you don't see it, it's so obvious to somebody outside of your head, they're like, "You know that that's not a real thing." And when people do that to me, I'll say, "Yes, it is. No, that's real." Just like any other client would.

I mean so that's one of the reasons that I love coaching, and everybody should have a coach and be in a membership with coaching so that you can see other people's brains being coached and see how they're all the same.

Maisie: Yeah, that was for me a big part of why I wanted to have a membership is to show because I know that particularly, I'm sure it's true for everyone but I just feel it's particularly significant for the people that I help is this idea that no, it is just me that has this issue, and it is this big

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burden that they're just lugging around with them. And then when we all come on a call together, other people getting coached and then there's discussions in the community that happen afterwards.

And it's always the comments are like, "Thank you so much to this person for getting coached on this because I have that, or I didn't know I have that but once I saw it in you, I completely saw it in my own life." And that's really cool about any kind of group coaching.

Robin: I 100% agree. And I could look at your chart and see it as challenging in a lot of ways. Like I said about the Venus part or even having so much in your eighth house, some people would see that as challenging. I don't, again, I have a lot of Scorpio. I have Pluto conjunct with my ascendant. There are no deep, dark, scary things that I am like, "Oh no, not for me." I look at stuff like this and I'm like, "Fun."

But what I'll say is, when I see charts that could be more subjectively challenging in people, when they're coaches, almost every time or they get coached. They have found a way to move towards the higher expression of the energy and not towards the doom and gloom expression of the energy that you could see. And I had a bunch of people last year who came to me in twelfth house professions which I know I'm going to have to explain, but I'm going to finish the story first.

They came to me with twelfth house professions and the coaches that did that did a lot of reflective quiet time, getting extra coaching, getting a lot of support for their brain. And they came out of it completely transformed and ready to go. And the people who went the other way and tried to push through like a good little soldier and say they didn't need any help were train wrecks at the end of it. And I always say that I believe in fate and freewill. And fate is a neutral circumstance, it's raining outside, but it's also your chart.

And it's completely neutral and it's up to you how it gets expressed. And it's up to how you manage your mind, how you feel about that circumstance. And seeing such evidence over, and over, and over again of how

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‘challenging’ things expressed in the most beautiful, beneficial, massive impact out in the world kind of way is for people who really are managing their mind is astounding, and magical. And everybody should have all the tools so that they can do that. And your perfections, do you want me to tell them what that is?

Maisie: Well, you’re going to teach that in The Flow Collective, right?

Robin: I am, yes.

Maisie: So, let’s just take pause. Yeah, give them the...

Robin: The broad picture?

Maisie: Yeah, because it’s very cool.

Robin: It is, it’s my favourite timing technique. So, in your perfections, tell us which planet and which house topics are going to be the most important for you every single year. And so, if you’re not in The Flow Collective you should join because in January?

Maisie: Yeah, January.

Robin: I’m going to teach all about it and it’s going to be so much fun.

Maisie: We have spoken before about me doing different things at once. Because when I think back there have been times where I’m doing multiple things, running the business, writing a book, training in this. I can be doing three, four things at once and I think I am able to recognise them as all the same thing. So, I don’t see them as separate entities in the way that other people would be like, “You’re training in this, you’re growing your business. You’re hiring a team. You’re launching a new website, all of these things.”

And this is why you have to be careful what other people offer you in terms of their opinions and their thoughts and which ones that you take on and believe as true. Because people would often say to me, “You’re doing so many different things. You’re doing too much.” Whereas my thoughts are, yes, there are times when that has been true. But kind of in more recent

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years basically since I learnt to work with my nervous system and manage my mind, now I'm like, I just feel like I'm hitting my stride once I get going with things.

Now, that's not to say that I'm always going with things. This year, especially the first half of the year I did a lot of resting. So, I am good at, why are you making that face?

Robin: Your brain was constantly going. You were constantly getting coached. You're doing more coaching than ever on your brain. And there were a lot of behind-the-scenes things that I know aren't getting – have they?

Maisie: No, they don't know.

Robin: Yeah. Anyway, it's not like you weren't doing anything.

Maisie: Yes. Okay, so I can see how that's true in terms of there's always a scheme going on. I'm always scheming.

Robin: Your very active internal world.

Maisie: Very. I told you about that autistic research fact of autistic people's brains are 42% more active than non-autistic people's brains at rest. Did I tell you that?

Robin: No. But that makes so much sense because I'm always like, "Why are you thinking so slow? I was done with that an hour ago."

Maisie: Yes, the astrology of me being very happy inside myself and all of that. But also, being autistic because my brain's so enjoyable, all the things that I'm thinking and coming up with. And so, I am very happy kind of participating socially by just being in myself and observing and thinking my own thoughts and all of those things. So, when I'm resting, for me when I think about resting, I'm like, all the time I spent lying down or going for walks and watching Netflix.

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But still, yes, there's still the, what do I think about this? How could I teach? That would be a good plan to do in the future. There's still all that going on, yeah. Why was I talking about resting?

Robin: You doing a bunch of things at once.

Maisie: Yes. And so now, so I can't talk about the things that I'm doing now. But there are multiple things happening at the same time which in my brain are the same thing, but the format is different or the expression of them is different. And you were like, "That's Gemini." I think.

Robin: Yeah, Gemini in the second house, Mars being retrograde there.

Maisie: Yeah, I can't remember.

Robin: Well, also we talked about how the more social part of your chart, so from Scorpio season to the end of Pisces, probably not Aries.

Maisie: We know that I have a problem with Aries.

Robin: Yes. So that happier chart, you're just more social also. You're more willing to be out and about and doing the peopling.

Maisie: Yeah, which is so funny because people are like, winter is the time for resting. And yes, I'm with you on that but for me I think of it more as, and I'm going to be teaching about this in the winter workshop that we've got coming up is thinking about what's necessary and doing that. So sometimes that can mean, well, resting is really necessary. But for me is that I do think of kind of going into this winter or any winter, for me that's a really highly productive time is when I really want to get to work. But it is, it feels really important that I do.

Robin: Yeah. And that's entirely because of your chart configuration and which houses are dominant in your chart and the planets that you have a lot of energy in. So, when the sun goes through certain signs it's just like, hey, let's do all the things. And so, what I wanted to say about you wanting to do all of the things is from your subjective understanding of the world, I

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understand that you think you do less, and you rest really well. And I don't disagree with you because I can see how that is more restful for you.

And it's a very different definition than what other people would have for rest, I think.

Maisie: Interesting, because to me it's really...

Robin: I can't see her face, but she's like, "No, you're wrong."

Maisie: I think it's that I am really good at resting but yet all that stuff is still going on, but it just because it never feels like work to me, it's very pleasurable for me.

Robin: Maybe the word I'm looking for is restorative versus restful. That might just be my brain being super. And I think that there are a lot of people who, yeah, I think that is actually the part of my brain that was like, "Yeah, that's not the right word." I think there are a lot of people who rest all the time without ever having any sort of restorative effect because what they're actually doing is buffering. And you don't buffer. That's not what you're doing when you're doing things that are restorative for you.

And I think that when you are doing restorative activities, you're very intentional with them. And you are choosing things that are filling your cup up rather than numbing you from something you're trying to avoid.

Maisie: Yes, which is what buffering is, because I don't know if I've spoken about it on the podcast. But yeah, just for everyone, it's using various activities whether it's alcohol, or yoga, or scrolling, or Netflixing to avoid your emotions.

Robin: Right. And I think that's probably what most people think when they think resting, it's like they're avoiding the stress of their lives.

Maisie: Go you, yeah. For me rest is very purposeful as in because it's restorative?

Robin: Yes.

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Maisie: Okay. I'm so glad we could figure that one out.

Robin: Yes, that was definitely the problem that I was having. But I mean, and I don't think that other people used the word the way that you were using it either. Because they'll say they want to go on holiday so they can escape. When you went on holiday, that's not what you did.

Maisie: No. I went on holiday I had the best fucking ideas ever.

Robin: I feel like I'm going to change all of this, it's going to be great. I don't know how else to say it. I mean I know people that do that very intentionally. I don't think the average person isn't using coaching on their brain on a regular basis and who isn't willing to process their emotions and feel the feelings. I don't think that that's something they're comfortable with. I don't even think that's something that most coaches are comfortable with, which we've also talked about that you just are really comfortable in the dark parts of yourself and figuring the things out.

And very curious and always wanting to get to the next level so that you can do more, and see more, and learn more about yourself and the world around you. And that's just not how the average human is wired.

Maisie: You have the best job. And I have the best job too, but this is, I love it.

Robin: I say this all the time, I'm the same way. I love my job, I love it. I love coaching. I love astrology. I love mixing them together. It's flipping fantastic. I love it so much.

Maisie: Okay. We've spoken about some of the challenges for me but when you look at my chart is there anything else that's more about, yeah, the stuff that I would or have been working on or would, I don't know, just the stuff that's more challenging?

Robin: Well, all of the stuff that we were talking about is stuff that I'm sure was very challenging for you before you found coaching. I bet before you found coaching your life was completely different.

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Maisie: I'm trying to remember. But it's so interesting because I remember, so before I was a coach and I was a therapist and as in acupuncturist, that kind of thing, massage therapy and I was a birth doula. And I would have, you know, so when I started working as a doula, I was 23 or something like that. And my clients were often coaches and they would be like, "You're a coach, the way you're doulaing me and having these conversations, you're coaching me." And I was like, "Yeah, okay, whatever." I'll just keep doing what I'm doing.

So, I think that I have coached myself, not necessarily with the tools that I use now, but I think that was there. But it's what you say about the perfections, the years. And I think my, is it the twelfth year one? So, when I had Nelson.

Robin: Yeah, that was around your twelfth house year, I think.

Maisie: Yeah. And everything that has come since that year is just huge. It's just all year on year gone from there but for sure using the tools that I have now, coaching, nervous system stuff, all of it is just, yeah, I'm a completely different person.

Robin: I mean and again you have this beautiful eighth house. It's hardcore wired for introspection. And so, I could see that being a part of your life always and you always looking for the next tool that's going to help you get more of that which is why I don't think you'll ever stop taking certifications and learning. I don't think you will. I think you'll constantly be looking.

Maisie: Paul has made his peace with that now. He's just like, "Again?" And I think there's definitely been a time in my life where that came from lack in terms of thinking I needed to qualify in something else, like let's add on another diploma and another degree. I have a lot of failed attempts at degrees, what you were saying about higher education earlier. I'm like, yeah, I've had quite a few experiences of higher education. But for a long time that felt like I needed that to be good enough. Whereas now I'm like, "No, I've resolved that." Now it's just the fun, yeah.



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Robin: I mean because I don't think I need master coach certification to be good at my job. I think I want to know what it's going to do for my brain.

Maisie: It will do things to your brain.

Robin: And I'm so excited. I'm like, "Please come break me." That's what I want to sign up for. Can you just tear all of this down and let's do another version just for fun.

Maisie: Well, I got all of that in the first month.

Robin: Nice.

Maisie: Totally. I had a really challenging first month to the point where they were like, "Shall we just start again? Your master coach training can start from now." I was like, "Yes, please." But you were able to explain that to me astrologically because we went back, and we looked at all of that. So, I can't remember what it was but yeah.

Robin: We've had this conversation about my memory. If I pull up the time I'll be able to see it again but until then. So, the challenging things. I do see challenging things on there and some of it I'm not going to talk about while we're on air. So, you have Neptune conjunct to your Sun. It's six degrees away but it's still, it's also conjunct to your Moon and that's a little bit closer. So, it's between your Sun and your Moon. And so, I would see that as sometimes having difficulty knowing what your emotions are. And I know you're good at it now.

Maisie: But it was, yeah, it took a lot of work to get to where I am now and that's what I was reminding my clients recently in the membership. I was like, "Just so you know, once upon a time I did not know that I was experiencing an emotion." That all felt too much, it just all felt too much. And it took years of psychotherapy and all the other stuff to get to this place. Now it's great, I love it.

Robin: But I bet you still have times just because that placement's never going to go away, where you're like, "I didn't know I felt that way, or I didn't

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know why I felt that way.” So that’s a challenge for most people. I don’t think you think of it as a challenge now in the same way.

Maisie: No. But I think there are times when I do because I will kind of get a sense of something, but it’s almost like it’s partially hidden. It’s there and I know it’s there but it’s like the images that I have is just like, I don’t know, something like a fairground where it’s spinning round and there’s a mirror, and it comes round and you kind of see it for a second but then it’s revolved round, and you miss it again. And it’s just sometimes I need someone to show me, hence my coaching’s so great. Because it’s there but it’s like I need to talk it through to get there.

Robin: Yeah. You would need help being able to see it and that’s the Neptune conjunct, the Sun and the Moon in the eighth house. Let’s just say for fun, you were delineating a chart, that would be the exact way that you would delineate that in a picture form. And you needing somebody else to be able to help you get off of the ride so that you could see the things. So that would be a subjectively challenging one that some people would have not gone the psychotherapy and the coaching route. And they would have gone the drug and alcohol route.

That would be something that if I saw that in a kid’s chart I would watch out for. In my head I’d be like, okay, well, we’re going to pay attention to your drug awareness programme growing up. That would be a thing. The obligation to what you’re supposed to do which we’ve identified as your work in the world, that’s a great expression of that. But as a child or before you became more aware that you get to make up your own rules in life and that other people’s rules don’t actually matter.

I would imagine that it would have been challenging for you to go against whatever you perceived as authority or what you perceived as the wishes of authority.

Maisie: Yes, for sure. In childhood and also, I think that can come up now, but I have the tools to navigate it. But even I can feel an obligation, this is how I know when I’m off track is when I start feeling obligated to people

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rather than feeling obligated to the work. And when I start thinking I should do this. And then I'm like, "Oh." I can even be doing the exact same things, the same projects, the same webinar, whatever. But it just feels off. And then when I catch it, and I stop it, and I come back to what was my reason for doing this, what was the vision that I had for it.

And it's always a much cleaner experience of teaching it. I always feel like it's received in the best way.

Robin: Well, yeah, I mean your thoughts are creating the feelings that are giving you a different action, I mean a 100%. That's the freewill, part of fate and freewill there. You're going to feel obligated to do a thing, but you get to choose how you think about that obligation and even which thing you choose to be obligated to. Even within your work projects, there are probably some work projects that you've been told, "Hey, this is what you should do to x, y and z." And you're like, "Yeah, I'm good thanks."

But if you hadn't done that work it would have expressed in a very different way. It would have always have been trying to live up to the – you know how there are bosses out there out in the world, those people who have nine to five jobs? And then they're like, "You have to do this for me and work all the holidays and do all the stuff." And then there are some employees who are like, "Yes, I have to do that because he wants me to." And they get stuck.

They get stuck living their life with this other person, or this corporation, or this business, or whatever because they feel like they have to because their chart is geared towards being obligated to an authority figure of some sort.

Maisie: Yeah. It's been so much fun this year in The Flow Collective seeing how many people in there have not done that. They have had conversations, decided, this is what I want my working week to be like. And having the conversation with their employer, or team, it's been really fun. There's been a whole wave of people doing that.

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Robin: I love it. I love it. I mean I'm just going to say again, if you aren't in The Flow Collective, y'all need to get in there. I love that. A lot of people live in their chart on purpose because I mean I 100% believe in fate, 100%, I do. And not everybody does, and it messes with some people's paradigm when I prove it to them. But I don't think that their fates are objectively bad. And people will say, "Well, what about this horrible thing that I experienced?" Yes, that happened, and you get to choose how you think about it.

And I've had subjectively and objectively things happen that would have been illegal, so we would call that a fact. And they were unpleasant, and most people can't wrap their brain around the stuff that I've been through because they think I should be an entirely different person. And I'm like, "Yeah, but I'm not thinking about it like you are." And that's the point, I can look at my chart and see where that was always going to happen or that it was very likely that it was going to happen.

And I don't have to make it mean anything other than it was something that happened like it rained on Thursday. It can literally be that neutral in my brain. And that's not true for everybody because not everybody's fully living into their freewill. What are you thinking? You have a look.

Maisie: I'm just loving it. I'm like, oh yes. Okay, anything else you want to mention before we finish up?

Robin: I'm just looking at your chart. I mean I didn't even get into the transits for the year. What's going on? But I think I would be giving away spoilers so I'm not going to.

Maisie: It's a big year. We can say that. It's a big year.

Robin: I'm so excited. I love it. I love it, I love astrology. If you don't already love astrology, get with the programme. I think it's so much fun. Well, I would say one of the interesting things that I think if most people looked at your chart and they saw that you have the south node in the tenth house and the north node in the fourth house, that would seem to indicate a decrease in your public persona and an increase in your family life. And

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they might think that that would make you less inclined to be a businessperson, a super successful businessperson.

And when I look at it, all I can see is how reluctant you are to be seen on stage and that that's just another thing that you've had to work through. Because you're much more comfortable in your cave.

Maisie: Yes, in terms of I could just sit and be in my head all day and be perfectly happy. I think this is where the lunar cycle probably comes in because there's times where I'm very like, yeah, just stick me on a stage right now, let's go. Like today, I told you and I won't say what it was, but there was something I started, I was just walking along, and I was like, "Oh, I'm doing this thing in my head that I didn't think I was going to be doing." But I'm just kind of visioning my way into it and doing the thing in my head.

And it's just coming to me which we knew astrologically would be happening, Sagittarius new moon, and new beginnings, and all of that stuff. So, I'm laughing because in my secondary school which is high school, we, maybe in the first or second year, there was this other girl there and we were doing a song. We were performing in front of the school. Do not ask me why. This was very weird, the song was, hey, big spender. And I had a feather boa, I didn't think it was the most appropriate choice.

Robin: I'm having thoughts about the teacher that put that on, I'm having thoughts, I am.

Maisie: And we went out to sing it and she didn't sing. And it was just me, I just went for it. There is something where I feel very able to just get up and do it but it's only if it's according to how I want to do it and see it happening. So sometimes there are opportunities that come my way and I might say no to them because I've got a thought running in the background that things need to be done a certain way according to someone else's process rather than my own. And that's the thing that I think often holds me back.

But for sure, there's people I know who are speaking to massive audiences on stage doing real live events whereas I'm more comfortable speaking to

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thousands of people on the podcast because it's just me having a conversation with myself effectively.

Robin: Which is exactly why I started podcasts too. I was like, I just pretend nobody listens, works out great for me. It's not true anymore but that's how I get my brain onboard. The other way that I would say that I would imagine this showing up, so that's one way, where you hold yourself back a little bit because you aren't completely in control maybe.

Maisie: Yeah. And I think it's also, we kind of spoke about this in the previous podcast that we did about feeling a bit unsure about committing to something that is 'big' because what if I go non-verbal, that kind of thing.

Robin: Right, yeah. Well, then you just wanted somebody who already knows what to do in that situation. So, we just make a contingency plan and then you're fine. So that doesn't have to be a reason that we hold that back. The other thing is that not recognising that you are actually a big deal would be another expression of that south node in the tenth house. It would really be difficult for you to ever notice. And I know that we've recently talked about that, but I think that's always going to be an issue for you where you'll be like, "What, how do you know who I am?"

Maisie: Yeah. I mean especially with where I live but even when I venture out into the rest of the world people come up. And by the way if you're listening to this, please, my preference is always talk to me and let me know. It's a bit unsettling when someone's kind of looking at me and I'm just like, "Give me something to go on here."

Robin: Why, is there something in my hair, did I forget to button my shirt, what's going on? Could you just tell me what I did wrong and stop looking at me like that."

Maisie: Someone in the café yesterday was like, "You're Maisie Hill. "And I just immediately went, "Thank you for just saying that."

Robin: You're so much more graceful than I am because people will run into me and they'll be like, "Robin." And I'm like, "Who are you?"

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Maisie: Well, that's the thing because when people are kind of looking, I'm like, "Do I know you?" I can't anchor into anything. And then when people just say something, I'm like, "Oh, great."

Robin: I will always be socially awkward, if that happens and that's fine. I'm glad that you have come to terms with it. And the more people become aware of you and even know even more of you, I still think that your self-concept, you'll have trouble. And I wish people could see that I talk with my hands, that would be so much more useful. I think that your fame, or notability, or recognition, or whatever could be here, and you would think it's here. And then if it was here, you might think it's here.

As it goes up, you're not going to ever get up to being like, "No, no, this is an accurate reflection of how many people know who I am." But I think some people would see the south node and think that that meant that you wouldn't have it, have it at all. And I don't see it that way, the way that I see it playing out with you if you're just not recognising it.

Maisie: I can give you a very tangible example of this. So, at the weekend you and I took part in a life coaching event and there were some journal prompts that we were doing at some point in it. And I can't remember what the question was, but it was basically like, "What do you want to create in the future? What's the impact you want to have", that kind of thing. And I actually wrote down, I can't remember what the exact words were now, but it was something about impacting the lives of 10,000 people.

And literally as I was writing down the number I was like, "Wait a minute, I've already done that multiple times." It just doesn't occur to me and I'm like, "I've really got to start adding zeros to my plans."

Robin: Just four or five more and it'll be fine. That's always going to be true. So eventually you're going to write down, I want to impact a million women. And you'll be like, "That's not enough." Because I did that last year. So yeah, that would be another thing that people would look at and might see as challenging for somebody who wanted to have a career. I get a lot of

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people who come to me and they're like, "Well, an astrologer told me I was never going to x or that I was bad at y."

And I'm like, "Okay, well, so never go see them again and let's not refer to them as astrologers anymore, let's refer to them as hacks, how would that be?" But then I get rid of all the brainwashing. So, all of these thoughts part of it was because you asked me about the challenging parts of your chart. It probably sounded like I don't think there are challenging parts at the beginning because I actually don't think any of them are challenging. And I can also switch back to subjectively, what would people typically consider to be more so.

And what might other astrologers or people who are into astrology look at and think if all they had done is read modern books, have a doom and gloom kind of response too? And honestly, a lot of your chart could have had that effect on people.

Maisie: Interesting.

Robin: Yeah. But have I ever talked to you like that about it? I haven't.

Maisie: No. And also, I just think I do get quite excited by challenges. I'm pretty ambitious I would say.

Robin: Mars conjunct to mid heaven and Capricorn, anyone, yes. Yes.

Maisie: I'm quite determined.

Robin: Some might even say general like.

Maisie: Yes, general like. So, I think sometimes I can just bulldoze through things, or I get excited by them like when you had told me that I was going to have a challenging eclipse season.

Robin: I have so many Taurus rising people either as clients or as friends who I said that to you and they just assumed they were getting divorced, the world was ending, they were going to be. And I'm like, "That's not what



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I said. That was not what I said.” What I said was, challenging and you just need to pay attention.

Be aware and you all, listen, when I tell you that coaching your brain is worth the effort, the way that she took all of the stuff that came through during the eclipse and was like, “Well, let’s just do this instead and I’m going to look at it in this way. And I’m going to give myself space for this. And I’m just going to transform this thing over here.” I mean it was challenging.

Maisie: Yeah, I mean I can’t even remember because now I’ve just moved on so much even though it’s literally just finished but yeah, there were challenges. But I decided going in and this is what I like, I talk about the power of just deciding. And I just decided, I can’t remember what it was, but this is going to be exciting or whatever it was. I was just like, “I can’t wait.” That was it, I was like, “I can’t wait to see what this eclipse season is going to bring me.”

Robin: And honestly, that shifted my perspective hearing you say that because I was concerned, you all. I have everything in Scorpio. I’ve been looking at this eclipse for years, years, like is it going to kill me? Do I need to update my will? What’s going on? Because it was hitting so many of my planets exactly, the eclipse itself was hitting a lot of my planets. I was not excited. I was not managing my mind around it until I was. And a lot of that was because I’ve said over and over again, the way that you interact with fate is just so much fun to watch.

And watching you coach your brain in real time is also inspiring I think would probably be the right word. And so, I became more excited about what could have been very challenging or would have been subjectively more challenging for me during the eclipses because of just deciding that I’m just going to be more like you. I was going to be excited about it and it worked out great. It worked out better than I could have ever imagined. My eclipse things were incredibly positive.

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And so, I do get it when people hear me talk about challenging things and they think that's going to suck but that's not what I'm saying.

Maisie: Yeah. It's like when people talk about, that's intense. I'm like, "But intense isn't good or bad." That's why I love using intense as a word because it holds space for all of the aspects of that.

Robin: But I used intense, and people still were like, "Oh no, I was worried the whole week." I'm like, "Dang, alright, I'll write fluffier. I don't know. I don't know how to say it better, but I am going to try." I am, yeah.

Maisie: Well, speaking of your words just as a reminder, people can go to your website, Wicked Voracity and sign up for your email which I highly recommend because it's a weekly forecast of the astrological weather for that week. I find it really useful. It's the only email that I continuously go back to throughout my week. And I still look at your social media which also gives me the reminders. And you have your podcast too.

So, you can get all the different touchpoints and of course it won't be your personal astrology, but you can hire Robin for having sessions and working with her one-on-one. But I mean I work with you one-on-one, and I still live by those emails. So, you will need to go and sign up.

Robin: Thank you, yes, come talk to me and tell me how it worked out for you too because I love when people email me and tell me exactly what you just said. I have people who print it out every week so that they can just put it in their office and look at it. And I was like, "Okay."

Maisie: I'm just like, wow, people still print things?

Robin: You know what? It surprises me when people listen to me or open my emails still. I'm like, "Wait, what? You do? Okay, I'm going to not think about that for the next episode or I won't be able to write anything."

Maisie: Well, this has been a lot of fun. Thank you. So, I am heading into my 42<sup>nd</sup> year and it's going to be a big one.

## Ep #103: Astrological Charts with Robin Langford

Robin: I was like, “I should do a return chart for you while we’re on.” And I just was like, I got distracted but yeah, that’d be another hour and a half, but I think other people might not want us to do that. I don’t know.

Maisie: Well, we can save that for one of our sessions but thank you for coming on these couple of episodes we’ve done that have been just so enjoyable for me and I know they’ve been really enjoyable for everyone. And I can’t wait for the members of The Flow Collective to get to know the ways that they can work with astrology as well when you do your call in January with them. So, thank you for that too.

Robin: I can’t wait. I’m so excited.

Alright everyone, have a fantastic week and I will catch you next time.

Thanks for listening to this week’s episode of the *Period Power* podcast. If you enjoyed learning how to make your cycle work for you, head over to [maisiehill.com](http://maisiehill.com) for more.