

Choose a feeling

Use this list to help you choose a feeling to live into for each cycle or calendar year

Inspired	Aligned	Bloom
Motivated	Integrity	Strength
Successful	Resilient	Believe
Focus	Wild	Unwavering
Passion	Clear	Finish
Joy	Fearless	Energised
Shine	Rich	Consistent
Enough	Unstoppable	Thrive
Thrive	Committed	Reclaim
Receive	Nourished	Triumph
Gratitude	Willing	Brave
Flow	Simplify	Worthy
Intentional	Ease	Optimistic
Decisive	Authentic	Fierce
Limitless	Flourish	Vibrant
Cultivate	Unflappable	Courageous
Growth	Trusting	Capable
Deliberate	Allow	Tenacious
Empowered	Connected	Rise
Explore	Abundant	Present
Embrace	Transformation	Adventurous
Wealthy	Purpose	Effective